

Berkshire Healthcare Neurodiversity Service (Autism Assessment Team and ADHD Team)

Universal

– available to all families and educational settings at any point (no referral needed)

Support while waiting

Assessment and beyond

Berkshire Healthcare Neurodiversity Services provide the diagnostic service for autism and ADHD and medication support for children/young people with ADHD.

Support as needed based on the individual needs of the child/young person is available from CYPIT and CAMHS including a comprehensive online resource.

[CYPIT advice and support](#)
[CAMHS information](#)

Many of the needs for children, young people and their families are also met by other providers across the system including the NHS commissioned [autism and ADHD support service](#) delivered by Autism Berkshire and Parenting Special Children.

When needs/concerns are identified, a support plan should be put in place (usually in school) and evaluated for 6 months (in line with the graduated response) prior to making decision about whether specialist assessment is needed. Referral information and guidance on support plans provided on BHFT website

[Request for help guidance | Children Young People and Families Online Resource](#)

Online resource with detailed guidance on how to support children and young people, regardless of diagnosis.

[ADHD and Autism \(Neurodiversity\) | Children Young People and Families Online Resource](#)

PPEPCare: free and flexible training to education and other settings to develop awareness, understanding and equip settings to provide support. Modules include autism awareness, autism and mental health, ADHD as well as a wide range of modules to recognise, understand and support children and young people experiencing mental health difficulties.

[PPEPCare Training | Children Young People and Families Online Resource](#)

CYP Neurodiversity is separate service to CAMHS although the two work closely together.

Autism and ADHD Triage enquiries:

Email: CYPADHDandAutismTriage@berkshire.nhs.uk **Tel:** 0118 904 6620

Autism enquiries:

Email: CYPAAAdmin@berkshire.nhs.uk **Tel:** 0118 904 6425

ADHD enquiries:

Email: CYPADHDadmin@berkshire.nhs.uk **Tel:** 0118 904 6401

Welcome packs sent to families which provide information on sources of help and support.

Helpline: Telephone support if there are new or escalating concerns, including making any onwards referrals.

SHaRON invitation(Support Hope and Resources Online): digital support network open 24/7 and 365 days a year which connects parents and carers to each other as well as the service. Also provides access to a comprehensive library of resources.

[SHaRON | Berkshire Healthcare NHS Foundation Trust](#)

Brief evidence-based interventions for anxiety, low mood and behaviour difficulties. These are provided by qualified and trainee Children's Wellbeing Practitioners before or after assessment.

Specialist ADHD/autism assessment. Holistic assessment, with a neuro affirmative approach, recognising strengths as well as needs. Report emphasises recommendations to support (regardless of whether diagnosis has been made).

Where clinically indicated: ADHD medication: initiation, titration of medication with regular monitoring and review of medication (shared care with GPs once stable and settled on medication). Holistic review where wider concerns can also be discussed.