

Easy Read Guide to Direct Payments



What is a Personal Budget and Direct Payment?



A Personal Budget is an amount of money for your care and support after you have had an assessment. You can choose how that money buys your care.



One way to buy your care is with a Direct Payment – the money goes into a bank account.

Direct payments are a way of having more choice and control over your day-to-day life through flexible care.



You arrange and pay for your care and activities that are on your support plan.

Who can have a Direct Payment?



Most people who have help from Adult Social Care can have a Direct Payment, including carers.



If you can't have a Direct Payment, we will tell you why.



You will need to be able to manage the Direct Payments alone or with help from someone you ask.

What can Direct Payments be used for?



You can arrange and pay for a Personal Assistant to support you.



You can arrange and pay for day activities or replacement care (respite).



You can arrange and pay for an agency to support you.

What can't a Direct Payment be spent on?



You can't use the money for household bills, housing, or health services.



You can't use the money to pay a member of your family who lives with you to provide care. You can only do this if Adult Social Care says it's okay.

Are there any charges?



You may have to pay some money towards your care and support depending on how much money you have.



We will get in touch with you to arrange an assessment.



You can read our Easy Read guide how we work this out. Here is the link or you can call us and we will send you a copy.

[How we work out if you should pay towards your care and support \(westberks.gov.uk\)](https://www.westberks.gov.uk)

Contact us



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[https://www.westberks.gov.uk/
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