

SHARED LIVES News

December 2025

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Dear All,

Shared lives would like to wish everyone a very merry Christmas season.



It's Soon to be Christmas

It's soon to be that time of year
when carols are sung for all to hear,
when mince pies are eaten and stories are told,
and we all come together, young and old.

It's soon to be that special day,
when Santa flies high in his sleigh,
and puts our gifts under the tree,
lots for you and loads for me!

It's soon to be here and I can't wait,
we must begin to decorate!
A ribbon here and a bauble there,
wrap the presents, there's lots to prepare!

But when it's done we'll all sit down,
and by the fire we'll gather round.
We'll hang our stockings and wish for snow,
then off to bed we'll swiftly go.

I'll close my eyes and fall asleep fast,
and when I wake up, it'll be Christmas at last.





West Berkshire
COUNCIL



Dates for the diary



Next Carer Meeting - 14th January 2026 at 10:30am

If you would like to get involved or like anything discussed, please email Sadie on sadie.o'reilly@westberks.gov.uk

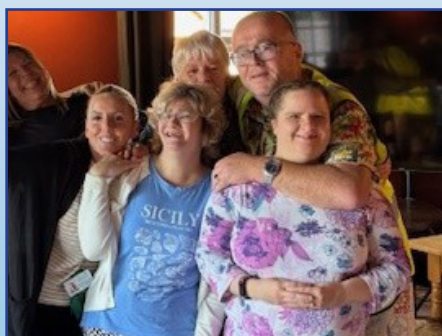
Service User meeting

Service User meeting - our new name for this group is **INVICTUS**

IN - individual
V- Voices
I -In a
C -Community of people
T- That
U - Use the
S -Service

The group had amazing evening at their August summer party at the 6 Bells in Beenham.

If you would like to get involved, please email or call Becky
becky.stephenson@westberks.gov.uk
01635 503357





JOIN US FOR A
**SHARED LIVES
FAMILY CHRISTMAS PARTY**

FRIDAY 05 DECEMBER 2025

START 6.30PM - 10.00PM

**FRANK HUTCHINS COMMUNITY HALL,
THATCHAM RG18 4QH**

Bring your own snacks, or buy fresh fish
and chips locally, just bring some cash
and we'll grab them for you!

**WHY NOT DECORATE YOUR OWN
TABLE AND COMPETE FOR THE PRIZE
OF THE MOST FESTIVE DISPLAY?**

Karaoke, dancing and carol singing.
Prizes and competitions galore!
Please let us know if you can come.



WestBerkshire
COUNCIL



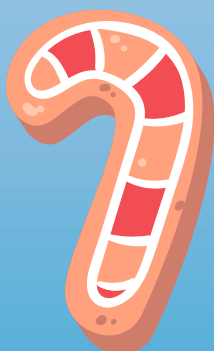
Health and Safety



Tis' the Season

Tips to help you stay on your feet this winter

- Wear boots with non-skid soles
- Leave hands and arms free to balance yourself - do not carry too much
- Remove as much snow and water before entry
- Walk carefully - floors and stairs may be wet and slippery
- Enter and exit vehicles carefully - use the vehicle for support
- Approach cleared streets with caution - watch for 'black ice'
- Walk with knees slightly bent for agility
- Avoid using arms to break falls, roll if possible
- Slow down - leave ample time to get to your destination



Equality and diversity



Shared news

We would all like to send our congratulations to our Carer, **Zoe Alexander** for her graduating adult nursing course at the Oxford Brookes university.

If you have any news that you would like us to include in the newsletter.

Please contact Mel on this email address:
Mel.jones@westberks.gov.uk



Shared lives Carer WhatsApp group

If anyone has any news they would like to share, please contact one of the Carer rep group on the WhatsApp group, and they can pass it on to the team to include in the Newsletter.

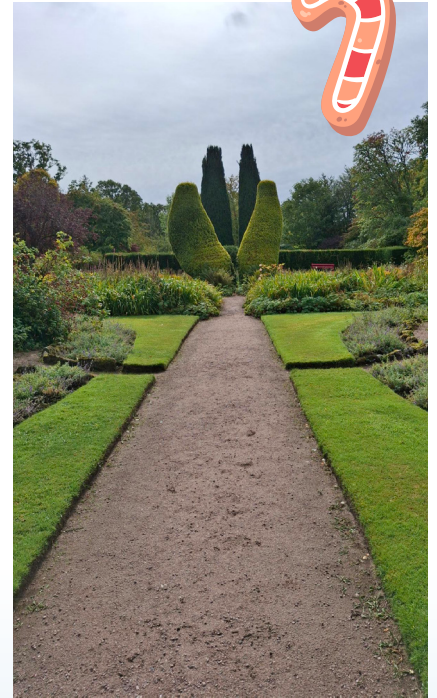




Meet the person



Matt and Steven recently enjoyed a 3-night holiday to Scotland. They flew by easyJet to Inverness. They stayed in a Travel Lodge and visited Cawdor Castle. And Loch Ness Matt said my favourite part was going to Loch Ness. We didn't see the Loch Ness monster. I wouldn't go back. I did the holiday once and enjoyed it and pleased that I went.



Josh was nominated by Dingley Promise for a volunteering award. He attended a lunch for the award ceremony. The Awards event was all very exciting, and, with his 2 colleagues from Dingley, Josh won the Volunteers of the Year Award!





Welcome

Please welcome 3 new Carers that were approved at panel in September.



Geoff Marshall and his wife Debbie



Ruth Taylor



Andrea Wright

WBC Shared Lives feedback



Please scan the QR code below and leave your feedback



Contact numbers

Paul Flack - 01635 519332
Mel Jones - 01635 519861
Charlotte Treagus - 01635 519802
Lisa Corcoran - 01635 519642
Sadie O'Reilly - 01635 519307
Becky Stephenson - 01635 503357
Bridgitte Caner - 07824894810
Max Chaplin - 01635 520121
Main Office Line - 01635 520173

