Information and advice from:







Follow your child's lead

- Children learn best through play. When you follow your child's lead during play you are helping to:
 - \circ keep the play at their pace, encouraging them to take charge.
 - $\circ\;$ show your child that you are interested in what they like.
 - o develop their play skills, imagination, problem solving and self-confidence.
 - o develop important communication skills such as, joint attention and turn taking.

• Try OWLing:

- <u>Observe</u> watch your child play; look at what they do with the toys; it may not be what you expect.
- <u>Wait</u> don't be in a hurry to do things for your child, give them time to work it out, you may be surprised at what they can do; wait until they seek help.
- <u>Listen</u> accept your child's ideas and go with the flow; join in with their ideas and play, copy what they do.



- Getting started:
 - Look and see what your child is showing you (e.g. banging objects, stacking bricks). Get down to their level and imitate their actions.
 - $\circ~$ Try doing it at the same time as them, at first.
 - Then pause and do it in response to their actions, e.g. they bang a brick on the floor – they stop – you bang a brick on the floor for about the same amount of time – you stop. Wait for a response.
 - If your child moves on to something new: follow, <u>observe</u>, <u>wait</u>, <u>listen</u> and repeat.