# Family Group Conference Service



# Your Family...Your Meeting.... Your Decision!

"It was nice that we were all together and focusing on me and what we needed to make us happy"

"....you didn't use big words; you made it welcoming and comfortable. You made us feel like we could talk to you about everything without being judged'

Parent

"it was arranged at a time that was convenient for everyone and the location was ideal"

Grandparent

"I was anxious but made to feel at ease and even though it was hard to be in the same room as them all, I am so glad we did it"

Parent



Contact details:



### What is a FGC?

A Family Group Conference is a voluntary process. It is an opportunity for you and your family to talk about any worries that you, or people working with you have for your child(ren). The meeting is a chance for you and your family/friends to make a supportive plan to make things better.

## What happens at your FGC?

### Step 1 Information sharing

You, your family and the professionals will share what they are worried about. Anyone can ask questions at any time.

### Step 2 Private family time

Just you, your family and friends are given time to talk and make a supportive plan.

### Step 3 Sharing of the plan

Everyone comes back together and your family talks through the plan to the others in the room. Your plan will be agreed if it safe and answers the worries.

### Step 4 Review

A follow up meeting (a review) is offered to find out how your plan is working.

### Who will be there?

- Everyone who is important to you and your family. You will need to be comfortable with those attending having information about your family.
- Those people working with you will also come along to help everyone understand what the worries are and how we can start to put together a clear plan.
- An advocate, sometimes it may be necessary for an Advocate to attend
  if you would like them to in order to help share the views of the child or
  adult.

You will be given an evaluation form at the end of the FGC to complete, but if you wish to discuss any aspect of this then please contact your Coordinator or email FGC@westberks.gov.uk